



WANT A JOB THAT IS CHALLENGING, FUN, AND EXCITING? BECOME A
SEASONAL BEACH LIFEGUARD FOR THE
SANTA CRUZ CITY FIRE DEPARTMENT

As a beach lifeguard for the Santa Cruz Fire Department you will learn USLA approved open water rescue techniques, advanced first-aid, and CPR. Starting pay is \$15.17/hr with a 5% pay differential for EMT certification.

Qualifications:

- At least 18 years of age (by December 31, 2009) with a valid California ID or Drivers License (copy of California ID or Drivers License is required)
- Must provide a copy of Valid CPR Certification (Pro or healthcare provider)

Tryouts: (MARCH of 2009)

- **Tryout #1** – 03/07/09, 9:00am at Lifeguard Headquarters; Interviews for qualified candidates will be held on 03/08/09, 1:00pm at Lifeguard Headquarters
- **Tryout #2** – 03/14/09, 9:00am at Lifeguard Headquarters; Interviews for qualified candidates will be held on 03/15/09, 1:00pm at Lifeguard Headquarters

The Lifeguard Tryouts consist of the following (3) events:

- 1000 meter open ocean swim completed in 20 minutes or less.
- Continuous 200 yard Run-400 yard Swim-200yard Run, completed in 10 minutes or less.
- 2000 meter rescue board paddle in 15 minutes or less (Paddleboards will be provided the day of the test)

**Candidates may use wetsuits and/or swim caps for the tryout portion. The use of swim fins or similar devices are prohibited.

**Candidates that are under the age of 18 must have a parent or legal guardian sign a waiver form prior to tryout. Waivers will be provided the day of the tryout; parents/legal guardians must accompany all underage candidates the day of the tryout

Interviews:

Candidates that successfully pass the performance tryout will then be invited to an oral interview on the day AFTER the test.

Lifeguard Training:

Lifeguard training classes are conducted at Lifeguard Headquarters/Santa Cruz Beach area over the following weekends/days:

- **May 2, 3, 9, 10, 16, 17, 23, 24, and 25 of 2009.** The training is usually 8hrs a day consisting of both classroom and beach/ocean training. Daily physical training will also be a required component of the training program.
- A required Title 22 Advanced First Aid class will be provided on **April 25th AND 26th (9:00am-5:00pm at Cabrillo College, Room 1605).** This two day class is a MANDATORY requirement for employment

****ALL newly hired lifeguards are required to attend these trainings WITHOUT EXCEPTION****

Physical and Environmental Elements:

Candidates must have physical strength, endurance, and ability required to perform the essential functions of the job which may include: swimming, running, walking, standing, climbing, stooping, bending, pulling, pushing, and sitting for extended period of time and the ability to drag up to 150 pounds. You must also be able to withstand prolonged exposure to the beach and ocean environment that may include cold weather, cold water , and exposure to the sun and wind.

Applications:

Applications are due no later than **MARCH 6, 2009 by 5:00pm.**
Please send all application material to the following address:

Santa Cruz Fire Department
Attn: Marine Safety Division
230 Walnut Ave.
Santa Cruz, CA 95060

Applications and information @ <http://www.ci.santa-cruz.ca.us/fd/jobs.html>

