



## San Diego Lifeguard Education Conference Agenda

July 7, 2020

Program 7:00 PM – 9:00 PM

***Master of Ceremonies –Mike Silvestri, Public Education Chair, California Surf Lifesaving Association (CSLSA)***

- 7:00pm** Welcome and conference housekeeping  
Brandon Caskey, *California State Parks Education Program Coordinator*
- 7:05pm** Beyond Drowning: A Review of San Diego Beach Trauma and Illness  
*James Schwendig, MD, FACS*
- 7:15pm** Lifeguard Role in Emergency Response  
*Mike Halphide, Newport Beach Lifeguard Chief*
- 7:30pm** Injury Prevention for Lifeguards  
*Cris Dobrosielski, CSCS, CPT, CHC, MT*
- 8:00pm** Staying upright in turbulent times. Considering mental ballast for lifeguard wellness  
*Kristina Casola, LMFT*
- 8:30pm** Drowning Resuscitation in the Era of COVID-19  
*Shawn Evans, MD*
- 8:55pm** Closing