



## 2009 California Lifeguard Championships

**SATURDAY, JULY 25**

**SEAL BEACH,  
CALIFORNIA**

### TEAM RESULTS

1. LACOLA	690.5
2. Cal State Parks	381.2
3. San Diego City	236.1
4. Long Beach	186.1
5. Seal Beach	136
6. Ventura County	71
7. Laguna Beach	67
8. COLA (USOS)	42
9. L.A. City	39
10. Del Mar	32
11. Huntington Beach City	23
12. Capitola	22
13. San Clemente City	20
14. L.A. Co. Lakes	8

### 2 KM BEACH RUN

#### **OPEN: MEN**

1. Derek Doler	Ventura County
2. Tyler Stover	LACOLA
3. Nick Sullivan	HB City
4. Dustin Fiero	San Diego
5. Nevin Kay	Long Beach
6. Eric Pronovost	LACOLA
7. Marc-Andre Dufort	LACOLA
8. Ryan Tulay	Seal Beach
9. Matt Maya	Seal Beach
10. Todd Henderson	Ventura County

#### **OPEN: WOMEN**

1. Kelly Lyons	Cal State
2. Lauren Campbell	COLA
3. Alex Hart	Cal State
4. Elisa Finan	Cal State
5. Chris Linkletter	LACOLA
6. Nicole Norris	Seal Beach
7. Heather Thomson	Cal State
8. Lori Walton	Seal Beach
9. Elisa DelaPena-Nagle	LA City
10. Cheri Ellington	LACOLA

#### **30-34: MEN**

1. Eric Mukes	Cal State
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#### **30-34: WOMEN**

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1. Lori Walton	Seal Beach
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#### **35-39: MEN**

1. Christian Murgia	LACOLA
2. Jeff Williams	Long Beach
3. Ryan Manderscheid	Cal State

#### **35-39: WOMEN**

1. Lori Walton	Seal Beach
2. Elisa DelaPena-Nagle	LA City

#### **40-44: MEN**

1. Rodney Williamson	LA City
2. Raymond Koehler	LACOLA
3. Jeff Gillot	Long Beach

#### **40-44: WOMEN**

1. Chris Linkletter	LACOLA
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#### **45-49: MEN**

1. John Serrano	San Diego
2. Tim Houts	Laguna Beach

#### **45-49: WOMEN**

1. Ann Finley	LACOLA
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#### **50-54: MEN**

1. Al Pepito	Cal State
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#### **50-54: WOMEN**

1. Cheri Ellington	LACOLA
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#### **55-59: MEN**

1. Eldin Onsgard	LACOLA
2. John Ragsdale	LA Co. Lakes
3. Gareth Burk	LA City

#### **55-59: WOMEN**

1. Shannon Sullivan	LACOLA
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### SURF RACE

#### **OPEN: MEN**

1. Patrick Jacobson	LACOLA
2. Brian Boswell	Ventura County
3. John Baltz	LACOLA
4. Nathan Walter	Long Beach

## **SURF RACE (Cont.)**

5. Nick Sullivan	Long Beach
6. Rick Graves	Cal State
7. Chris Liedle	Del Mar
8. Ian Ellis	San Diego
9. Mike Kowalski	Cal State
10. David Ruch	San Diego

### **OPEN: WOMEN**

1. Kailey Makuta	LACOLA
2. Alison Riddle	LACOLA
3. Brittany Rowe	San Diego
4. Tracey Crouthers	LACOLA
5. Christina Boring	San Clemente
6. Courtney Hemmerly	San Diego
7. Kim Shales	LACOLA
8. Kelli Lyons	Cal State
9. Kim Hockett	San Diego
10. Kassie Mann	Cal State

### **30-34: MEN**

1. Chris Egan	Cal State
2. John Baltz	LACOLA
3. Ben Gottlieb	LACOLA

### **30-34: WOMEN**

1. Lauren Sosenko	Long Beach
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### **35-39: MEN**

1. Jeff Williams	Long Beach
2. Christian Murgia	LACOLA
3. Chris Pierce	Seal Beach

### **35-39: WOMEN**

1. Lori Walton	Seal Beach
2. Elisa DelaPena-Nagle	LA City

### **40-44: MEN**

1. Rick Graves	Cal State
2. Raymond Koehler	LACOLA
3. Jeff Gillott	Long Beach

### **40-44: WOMEN**

1. Chris Linkletter	LACOLA
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### **45-49: MEN**

1. Frank Bird	LACOLA
2. Robert Brunswick	Laguna Beach
3. John Serrano	San Diego

### **45-49: WOMEN**

1. Ann Finley	LACOLA
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## **50-54: MEN**

1. Al Pepito	Cal State
2. Eric Atkeson	LACOLA
3. Tony Gentile	Long Beach

## **50-54: WOMEN**

1. Cheri Ellington	LACOLA
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## **55-59: MEN**

1. Jerry Lozano	LACOLA
2. John Burt	Long Beach
3. Eldin Onsgard	LACOLA

## **55-59: WOMEN**

1. Shannon Sullivan	LACOLA
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## **BOARD RACE**

### **OPEN: MEN**

1. Brian Murphy	LACOLA
2. Ben Vail	Cal State
3. Shane Scoggins	Cal State
4. Rich Sprout	Cal State
5. Nick Sullivan	HB City
6. Matt Becker	Del Mar
7. Patrick Jacobson	LACOLA
8. Tom Barnett	LACOLA
9. Chris Dobrosielski	San Diego
10. Tyler Stover	LACOLA

### **OPEN: WOMEN**

1. Tandis Morgan	LACOLA
2. Alison Riddle	LACOLA
3. Kelsey O'Donnell	Long Beach
4. Tracey Crothers	LACOLA
5. Brittany Rowe	San Diego
6. Christina Boring	San Clemente
7. Gillian Gibree	San Diego
8. Amy Zimmerfaust	Long Beach
9. Kassie Mann	Cal State
10. Lauren Campbell	COLA

### **30-34: MEN**

1. John Baltz	LACOLA
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### **35-39: MEN**

1. Jerry Merayo	Cal State
2. Jeff Williams	Long Beach
3. Ryan Manderscheid	Cal State

### **35-39: WOMEN**

1. Elisa DeLaPena-Nagle	LA City
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### **40-44: MEN**

1. Chris Dobrosielski	San Diego
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**BOARD RACE (Cont.)**

2. Jeff Gillott Long Beach

**40-44: WOMEN**

1. Chris Linkletter LACOLA

**45-49: MEN**

1. Patrick Hemmens Laguna Beach

**45-49: WOMEN**

1. Ann Finley LACOLA

**50-54: MEN**

1. Eric Atkeson LACOLA  
2. John Brick Laguna Beach  
3. Al Pepito Cal State

**50-54: WOMEN**

1. Cheri Ellington LACOLA

**55-59: MEN**

1. Tom Barnett LACOLA  
2. Eldin Onsgard LACOLA

**60+: MEN**

1. Bill Mount LACOLA

**RESCUE RACE**

**OPEN: MEN**

- 1. Henderson, Boswell, Taylor, Keegan  
Ventura County
- 2. Fiero, Ellis, Ruch, Kowalski  
San Diego
- 3. Egan, Graves, Merayo, Manderschied  
Cal State
- 4. Darling, Murphy, Gottlieb, Jacobson  
LACOLA
- 5. Butler, Etnyre, Kennedy, Afandi  
Cal State
- 6. Maya, Pierce, Ferrington, Sandvig  
Seal Beach
- 7. Williams, Kay, Gonzales, Walter  
Long Beach
- 8. Becker, Owen, Leidel, Seiber  
Del Mar
- 9. Azzazy, Fees, Kirkbaumer, Longobardo  
COLA
- 10. Steele, Williamson, Sniderman, Cortez  
LA City

**OPEN: WOMEN**

- 1. Henmerly, Fenske, Haskett, Rowe  
San Diego
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- 2. Schellinger, Lyons, Thomson, Mann  
Cal State
- 3. Anderson, Martin, O'Donnell, Zimmerfaust  
Long Beach
- 4. Finian, Hart, Thurber, Lane  
Cal State
- 5. Carpenter, Johnson, Norris, Rogers  
Seal Beach
- 6. Riddle, Shales, Ellington, Sullivan  
LACOLA
- 7. Rohde, Kelly, Campbell, Gallito  
COLA

**TAPLIN RELAY**

**OPEN: MEN**

- 1. Murphy, Jacobson, Morgan, Murgia  
LACOLA
- 2. Scoggins, Graves, Sprout, Butler  
Cal State
- 3. Czer, Baltz, Butki, Cartlidge  
LACOLA
- 4. Merayo, Egan, Manderschied, Messina  
Cal State
- 5. Stover, Gottlieb, Dufort, Darling  
LACOLA
- 6. Ellis, Fiero, Dobrosielski, Ruch  
San Diego
- 7. Houts, Mendezsielski, henman, Brunswick  
Laguna Beach
- 8. Kennedy, Lough, Etnyre, Harrington  
Cal State

**OPEN: WOMEN**

- 1. Crothers, Shales, Makuta, Morgan LACOLA
- 2. Lyons, Thomson, Hart, Mann  
Cal State
- 3. Thurber, Finan, Schellinger, Lane  
Cal State

**SURFBOAT**

**OPEN: MEN**

- 1. Cartlidge / Van Duiwyk LACOLA
- 2. Kahn/Birdsell LACOLA/SD City
- 3. Kummer / Rollins Cal State
- 4. Demari / Griffin LACOLA
- 5. Czer / Clark LACOLA
- 6. Carver / Harrington Long Beach
- 7. Lyons / Gonzales Long Beach
- 8. Tulay / Dillar Seal Beach

**OPEN: WOMEN**

- 1. Anderson/O'Donnell Long Beach

**30-34: MEN**

## SURFBOAT (Cont.)

1. Cartlidge/ Van Duinwyk LACOLA
2. Demari / Griffin LACOLA

### **45-49: MEN**

1. Kahn/Birdsell LACOLA/SD  
City
2. Brunswick / Houts Laguna Beach

### **50-54: MEN**

1. Brick / Mendez Laguna Beach

### **55-59: MEN**

1. Onsgard / Steigley LACOLA

## IRONMAN

### **OPEN**

1. Brian Murphy LACOLA
2. Patrick Hemmens Laguna Beach
3. Rich Sprout Cal State
4. Chris Dobrosielski San Diego
5. Mark Dufort LACOLA
6. Bryan Entyre Cal State
7. Youssef Azzazy COLA

### **30-34**

1. Chris Egan Cal State

### **35-39**

1. Jerry Merayo Cal State

### **40-44**

1. Chris Dobrosielski San Diego

### **45-49**

1. Patrick Hemmens Laguna Beach

### **50-54**

1. Eric Atkeson LACOLA

## IRONWOMAN

### **OPEN:**

1. Tandis Morgan LACOLA
2. Tracey Crothers LACOLA
3. Chris Linkletter LACOLA

### **40-44**

1. Chris Linkletter LACOLA

## BOARD RELAY

### **OPEN: MEN**

1. Scoggins, Sprout, Vail  
Cal State

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2. Jacobson, Stover, Murphy  
LACOLA
3. Doler, Kegan, Henderson  
Ventura County
4. Kowalski, Fiero, Dobrosielski  
San Diego
5. Mouradian, Kennedy, Merayo  
Cal State
6. Landis, Landis, Reid  
Long Beach
7. Butler, Lyons, Herrington  
Long Beach
8. Dufour, Alfondi, Herrington  
Cal State
9. Ellis, Ruch, Kay  
San Diego/San Diego/Long Beach
10. Cody, Fees, Longobardo  
COLA

### **OPEN: WOMEN**

1. Crothers, Riddle, Morgan  
LACOLA
2. Zimmerfaust, O'Donnell, Anderson  
Long Beach
3. Rowe, Gibree, Fenske  
San Diego
4. Hockett, Hemmerly, Thurber  
San Diego/San Diego/Cal State
5. Lyons, Schellinger, Mann  
Cal State
6. Gallitto, Campbell, Rohde  
COLA
7. Hart, Finan, Thomson  
Cal State
8. Rogers, Carpenter, Walton  
Seal Beach
9. Parkhouse, Martin, Lane  
Long Beach

## LANDLINE RESCUE

### **OPEN:**

1. Murgia, Baltz, Darling, Cartlidge  
LACOLA
2. Hart, Egan, Merayo, Manderscheid  
Cal State
3. Maya, Rogers, Tennant, Pierce  
Seal Beach
4. Norris, Steele, Tulay, Diller  
Seal Beach
5. Martin, Herrington, Gonzales, Walters  
Long Beach
6. Weinert, Longobardo, Campbell, Kirkbomber  
LACOLA
7. Steele, Sniderman, Cortez, delaPena-Nagle

**LANDLINE RESCUE (Cont.)**

LA City

- 8. Fees, Kelly, Azzazy, Healy  
COLA

**SURF SKI**

**OPEN: MEN**

- 1. Brian Murphy LACOLA
- 2. Tyler Morgan LACOLA
- 3. Brian Kummer Cal State
- 4. Patrick Hemmens Laguna Beach
- 5. Jerry Merayo Cal State
- 6. Rich Sprout Cal State
- 7. Brian Etnyre Cal State
- 8. Jay Butki LACOLA
- 9. Ryan Manderscheid Cal State
- 10. Eric Atkeson LACOLA

**OPEN: WOMEN**

- 1. Tracey Crothers LACOLA
- 2. Tandis Morgan LACOLA
- 3. Chris Linkletter LACOLA
- 4. Alexandra Hart Cal State

**30-34: MEN**

- 1. Tyler Morgan LACOLA

**35-39: MEN**

- 1. Jerry Merayo Cal State
- 2. Ryan Manderscheid Cal State
- 3. Api Weinart COLA

**40-44: MEN**

- 1. Chris Dobrosielski San Diego

**40-44: WOMEN**

- 1. Chris Linkletter LACOLA

**45-49: MEN**

- 1. Brian Kummer Cal State
- 2. Patrick Hemmens Laguna Beach
- 3. Jay Butki LACOLA

**50-54: MEN**

- 1. Eric Atkeson LACOLA

**RUN-SWIM-RUN**

**OPEN: MEN**

- 1. Patrick Jacobson LACOLA
- 2. Chris Liedle DelMar
- 3. Brian Boswell Ventura County
- 4. Derek Doler Ventura County
- 5. David Ruch San Diego

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- 6. Sam Walters Ventura County
- 7. Richard Taylor Ventura County
- 8. Austin Trinkle Seal Beach
- 9. Eric Steele Seal Beach
- 10. John Baltz LACOLA

**OPEN: WOMEN**

- 1. Alison Riddle LACOLA
- 2. Brittany Rowe San Diego
- 3. Tracey Crothers LACOLA
- 4. Courtney Hemmerly San Diego
- 5. Christina Boring San Clemente
- 6. Amy Zimmerfaust Long Beach
- 7. Gillian Gibree San Diego
- 8. Chris Linkletter LACOLA
- 9. Kelli Lyons Cal State
- 10. Kim Hockett San Diego

**30-34: MEN**

- 1. John Baltz LACOLA
- 2. Eric Mukes Cal State

**30-34: WOMEN**

- 1. Lauren Sosenko Seal Beach

**35-39: MEN**

- 1. Christian Murgia LACOLA
- 2. Chris Pierce Seal Beach

**35-39: WOMEN**

- 1. Lori Walton Seal Beach

**40-44: MEN**

- 1. Rick Graves Cal State
- 2. Jeff Gillott Long Beach

**40-44: WOMEN**

- 1. Chris Linkletter LACOLA

**45-49: MEN**

- 1. John Serrano San Diego
- 2. Robert Brunswick Laguna Beach
- 3. Tim Huts Laguna Beach

**45-49: WOMEN**

- 1. Ann Finley LACOLA

**50-54: MEN**

- 1. Eric Atkeson LACOLA
- 2. Al Mendez Laguna Beach
- 3. Al Pepito Cal State

**50-54: WOMEN**

## RUN-SWIM-RUN (Cont.)

1. Cheri Ellington LACOLA

### **55-59: MEN**

1. Tom Barnett LACOLA  
2. Eldin Onsgard LACOLA

### **55-59: WOMEN**

1. Shannon Sullivan LACOLA

## BOARD RESCUE RACE

### **OPEN: MEN**

1. Vail / Scoggins Cal State  
2. Becker / Owen Del Mar  
3. \*Kowalski/ Dobrosielski San Diego  
3. \*Ruch / Fiero San Diego  
\*tie for 3rd  
5. Egan / Kennedy Cal State  
6. Butler / Reid Long Beach  
7. Sandvig / Diller Seal Beach  
8. Landis / Kay Long Beach

### **OPEN: WOMEN**

1. Morgan/Crothers LACOLA  
2. Carpenter / Rogers Seal Beach  
3. O'Donnell / Martin Long Beach  
4. Rowe / Gibree San Diego  
5. Hemmerly / Fenske San Diego  
6. Schellinger / Mann Cal State  
7. Shales/Riddle LACOLA  
8. Anderson/Parkhouse Long Beach

## AMERICAN IRONMAN

### **OPEN:**

1. David Cartlidge LACOLA  
2. Eldin Onsgard LACOLA  
3. Daniel Harrington Long Beach  
4. Gabe Cariper Long Beach  
5. Mike Diller Seal Beach

### **30-34:**

1. David Cartlidge LACOLA  
2. Gabe Cariper Long Beach

### **55-59:**

1. Eldin Onsgard LACOLA

## AMERICAN IRONWOMAN

### **OPEN:**

1. Tracey Crothers LACOLA  
2. Brittany Rowe San Diego  
3. Alison Riddle LACOLA  
4. Christina Boring San Clemente

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5. Courtney Hemmerly San Diego  
6. Gillian Gibree San Diego  
7. Kassie Mann Cal State  
8. Amy Zimmerfaust Long Beach  
9. Nicole Norris Seal Beach  
10. Nicole Thurber Cal State

### **30-34:**

1. Lori Walton Seal Beach

## BEACH FLAGS

### **OPEN: MEN**

1. Patrick Jacobson LACOLA  
2. Dylan Reid Long Beach  
3. Kyle Celinder Cal State  
4. Jason Tighe Seal Beach  
5. Dustin Fiero San Diego  
6. Farid Azzazy COLA  
7. Gus Cortez LA City  
8. Matt Landis Long Beach  
9. Michael Diller Seal Beach  
10. Richard Taylor Ventura County

### **OPEN: WOMEN**

1. Jenesa Archdeacon Capitola  
2. Caroline Marani Capitola  
3. Katie Rogers Seal Beach  
4. Kelli Lyons Cal State  
5. Courtney Hemmerly San Diego  
6. Kim Hockett San Diego  
7. Samantha Lane Long Beach  
8. Elisa Finan Cal State  
9. Alexandra Hart Cal State  
10. Lori Walton Seal Beach

### **30-34: MEN**

1. Eric Mukes Cal State

### **35-39: MEN**

1. John Dixon Capitola  
2. Chris Pierce Seal Beach  
3. Api Weinart COLA

### **35-39: WOMEN**

1. Lori Walton Seal Beach  
2. Elisa DelaPena-Nagle LA City

### **40-44: MEN**

1. Barney Williamson LA City  
2. Jeff Gillott Long Beach

### **45-49: MEN**

1. Tim Houts Laguna Beach

## **BEACH FLAGS (Cont.)**

2. Robert Brunswick Laguna Beach

### **45-49: WOMEN**

1. Ann Finley LACOLA

### **50-54: MEN**

1. Al Pepito Cal State  
2. Tony Gentile Long Beach

### **55-59: MEN**

1. Eldin Onsgard LACOLA  
2. Gareth Burke LA City

### **55-59: WOMEN**

1. Shannon Sullivan LACOLA

### **60-64: MEN**

1. Gordon Gray LA Co. Lakes

## **TEAM RESULTS (Open Points Only)**

1. LACOLA	466
2. Cal State Parks	306.2
3. San Diego City	202.6
4. Long Beach	159.1
5. Seal Beach	99
6. Ventura County	71
7. COLA (USOS)	40
8. Del Mar	32
9. Huntington Beach City	23
10. Laguna Beach	22
11. Capitola	22
12. San Clemente City	20
13. LA City	11
14. L.A. Co. Lakes	0